

CME Test Questions

DIVERSITY IN MEDICINE

1. The 3 main groups within Christianity are all EXCEPT
- Catholic
 - Orthodox
 - Conservative
 - Protestant
2. What is the name for permitted food according to Islam?
- Halal
 - Haram
3. What is the name of the supreme spirit worshipped by Hindus?
- Brahman
 - Vishnu
 - Shiva
 - Ganesha
4. What is the collective name for the Jewish written and oral laws?
- Torah*
 - Talmud*
5. What is the name of the place in which Sikhs worship?
- Kesh
 - Amrit Dari
 - Gurudwara
 - Manji Sahib
6. The Alma Ata Declaration of the World Health Organization created a benchmark description of health that is best described as
- the absence of disease and infirmity
 - a holistic state that includes spiritual well-being
7. All of the following factors might be considered in designing and building (new) health care facilities EXCEPT
- signs indicating direction of Mecca
 - symbols of several religions on display
 - washing facility for pre-prayer preparation
 - provision of 'quiet' or multi-faith worship or prayer space
8. Religious belief or participation in religious practices affects health care outcomes.
- True
 - False
9. Who can help with queries about religion and religious observance?
- the family
 - hospital chaplains
 - the patient
 - all of the above
10. Which of the following statements is true of religions rather than cultures?
- a causal agent that affects the evolutionary process by uniquely human means
 - allows for the self-conscious evaluation of human possibilities
 - an indispensable device for increasing human control over the direction in which our species change
 - a process of revelation and a concept of the faithful who receive the message of revelation
11. Is the headscarf (*hijab*) treated as a religious or cultural symbol by the French government?
- cultural
 - religious
12. The policies of the Indian government are focused on all of the following EXCEPT
- alleviating economic deprivation
 - providing education
 - freeing people from the social constraints of the caste hierarchy
 - providing jobs and social services
13. Female genital mutilation can best be described as a _____ practice.
- cultural practice
 - religious practice

14. Agreement on the issues of in vitro fertilization and abortion can be found within each religion.

- a. True
- b. False

15. Which of the following treatments are inappropriate during a sickle cell crisis?

- a. analgesia
- b. rehydration
- c. pneumococcal vaccination
- d. antibiotics
- e. rest

16. Which of the following cancers are more common in Asian ethnic minority groups?

- a. breast
- b. lung
- c. renal
- d. nasopharyngeal
- e. prostate

17. Which of the following drugs are you most likely to use first-line for treatment of hypertension in African Caribbean patients?

- a. bendrofluazide
- b. bisoprolol
- c. captopril
- d. furosemide
- e. losartan

18. Which risk factor for cerebrovascular disease is more common in African Caribbean patients?

- a. atrial fibrillation
- b. cerebral aneurysm
- c. excess alcohol
- d. obesity
- e. smoking

19. Recommendations to improve the care of ethnic minority patients at the end of life include all of the following EXCEPT

- a. interpretation
- b. cultural sensitivity
- c. providing appropriate literature
- d. increased hospice care

20. Which of the following methods has been shown to help overcome barriers to palliative care for ethnic minority patients during a terminal illness?

- a. attention by health care personnel derived from the ethnic minority group
- b. health information provided in appropriate languages
- c. use of interpreters, bilingual health care assistants, and liaison workers
- d. all of the above

21. Which of the following religions has reincarnation as a fundamental belief?

- a. Christianity
- b. Buddhism
- c. Judaism
- d. Islam

22. Which of the following religions advocates cremation as a general rule?

- a. Judaism
- b. Islam
- c. Sikhism
- d. Christianity

23. Which of the following is a possible adverse outcome from communication failure?

- a. patient complaint (medico-legal outcome)
- b. misdiagnosis
- c. noncompliance with treatment
- d. all of the above

24. Communication can best be improved by which of the following?

- a. use of a common language
- b. use of a professionally trained interpreter
- c. shared understandings about meaning
- d. shared religious beliefs

25. It is appropriate to use an informal interpreter or relative to facilitate communication with a patient.

- a. True
- b. False

CME Test Answer Sheet and Evaluation Form for DIVERSITY IN MEDICINE

Volume 6, Number 1

Release Date of Activity: May 2004

Expiration Date of Activity for AMA/PRA credit: May 2006

Estimated Time to Complete this Activity: 8 hours

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Name _____

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CME TEST

(Please circle correct answers)

- | | | | | |
|------------|-------------|---------------|---------------|-------------|
| 1. a b c d | 6. a b | 11. a b | 16. a b c d e | 21. a b c d |
| 2. a b | 7. a b c d | 12. a b c d | 17. a b c d e | 22. a b c d |
| 3. a b c d | 8. a b | 13. a b | 18. a b c d e | 23. a b c d |
| 4. a b | 9. a b c d | 14. a b | 19. a b c d | 24. a b c d |
| 5. a b c d | 10. a b c d | 15. a b c d e | 20. a b c d | 25. a b |

COURSE EVALUATION: *Please rate the overall course on a scale of 1 to 5, with 1 the lowest and 5 the highest.*

1. Did the material provide an adequate overview of religions? 1 2 3 4 5

2. How well did the material discuss specific issues affecting ethnic minority groups? 1 2 3 4 5

3. How well did the material explain the differences between religion and culture? 1 2 3 4 5

4. Did the material give recommendations for improved cross-cultural communication? 1 2 3 4 5

5. Did the material explain end-of-life care for ethnic minority groups in adequate detail? 1 2 3 4 5

6. Were the articles appropriate to the topic of this issue of *Clinical Cornerstone*®?
 Yes No Comments: _____

7. Did you find the information presented to be objective, fair, balanced, and free of commercial bias?
 Yes No Comments: _____



8. Give at least one example of how the content of this publication will be of use in your clinical practice.

9. When you receive literature that is accredited for AMA/PRA CME versus literature that is not accredited for CME, which are you more likely to review?

CME Non-CME Does not matter

10. If CME certification is important to you, where do you prefer it come from?

Professional Society Medical School/Hospital Private CME provider Does not matter

11. Do you have any recommendations to improve this publication?

12. What topics would you suggest for future issues?

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This issue of *Clinical Cornerstone*[®] provides 8 free Category 1 CME credits. To receive FREE CME credit, forward the Test Answer Sheet and Evaluation Form to the address shown below. A photocopy of this form is acceptable. (Refer to p. 2 for CME Information.)

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